

Interactive Questions & Exercises

To accompany *I'm a Boy, Special Me* for boys age 5 - 7

Whether your son reads this book on his own or with you, these questions and exercises will help to make the experience more interactive and will also assure that he has grasped the important concepts.

Question:

Have you noticed some ways that your body is similar to a girls' body?

Find it in the book:

Page 13, with anatomy figure.
Girls and boys have similar **brains**.

Page 16, with anatomy figure.
Girls and boys have similar **hearts**.

Encourage your son to name other similarities.

- Girls and boys have similar **lungs**.
- Girls and boys have similar **stomachs**.
- Girls and boys have similar **arms and legs**.

Question:

What are your genitals?

Find it in the book:

Page 18, with anatomy figure.
The genitals include the penis and the testicles.

Question:

Where are sperm made in your body and what do they do?

Find it in the book:

Page 21, with anatomy figure.
Sperm are made in your testicles and one day they will help make a baby.

Question:

How small do you think sperm are if you look at them through a microscope?

Find it in the book:

Page 21, with anatomy figure.
Here is a figure to help you understand what a sperm looks like using a microscope. Watch this great [youtube video](#) to see how fast sperm move.

Question:

The scrotum is a pouch of skin. What is inside the scrotum?

Find it in the book:

Page 24, with anatomy figure.
Two testicles

Question:

Have you ever been hit in the scrotum while playing a sport? What did it feel like?

Find it in the book:

Page 24, with anatomy figure.
The skin of the scrotum is very sensitive because there are lots of nerves there. It will certainly hurt if you are hit in the scrotum.

Question:

The urethra is a small tube in the center of your penis. What passes through this tube?

Find it in the book:

Page 30, with anatomy figure.
Both urine (pee) and sperm pass through the urethra and come out the end of your penis, but not at the same time!

Question:

How does a circumcised penis look different than an uncircumcised penis?

Find it in the book:

Pages 32 & 34, with anatomy figures.
If you have a circumcised penis, some skin has been removed from the end of the penis. You can see the end of the penis better. If you have an uncircumcised penis, what you see at the end of the penis is a covering of skin.

Exercises:

- 1. Cold water test.** *You can refer to page 26, with anatomy figure.*

Put cold water in the bathtub and ask your son to sit in it. What does he notice about his scrotum?

The skin of the scrotum becomes wrinkled and pulls up closer to the body. The reason for this is because the testicles are sensitive to cold and so they move closer to the body to stay warm when their surroundings become cold.

- 2. Circumcised or Uncircumcised Penis**

You can refer to pages 32 & 34, with anatomy figures. Check to see if you have a circumcised or uncircumcised penis.

- 3. Describe the inside of the penis.**

You can refer to page 30, with anatomy figure.

Put a straw through the middle of a sponge (preferably round). Explain that the straw is like the urethra. Urine flows through the urethra and out the end of the penis. Wrapping around the urethra is spongy tissue like a sponge. Notice that there are lots of tiny spaces in the spongy tissue.